

## *Nurse Notes*

With flu season upon us, the district continues to work to keep all children healthy. Everyone is doing their part:

- Custodial staff is working diligently to clean all surfaces including water fountains, door handles, and desks.
- Staff is modeling and teaching hygienic coughing, sneezing, and nose blowing.
- Teachers encourage hand washing and disinfect surfaces and materials.
- Nurses are working with parents to send students home and make sure they are well enough to return.

How can you help?

- ✓ Please continue to teach your children proper hand washing and how to cover a cough or sneeze.
- ✓ Remember it is very important for your child to remain home until they are fever-free for 24 hours, without the use of a fever reducer (Tylenol or Ibuprofen).

If you have any questions regarding Influenza A, recommendations for treatment of symptoms, or general health information, please don't hesitate to call the school nurse.