



Ideas for Parents

Non-food Ideas for Birthday Celebrations at School

We all know birthdays are important to every child and kids like to celebrate with their classmates. However, food treats can exclude those children who have food allergies, diabetes, or other dietary restrictions. If you would like an alternative to food treats for your child's birthday celebration at school, below are some suggestions. Please check with your child's teacher prior to make sure what is appropriate and what time permits.

- Party Favors: bouncy balls, erasers, notepads, bubbles, stickers, pencils, markers, etc.
- Read a book to the class
- Purchase something for the classroom (i.e. books, music, games, a plant)
- Decorate a box and send it to the classroom. Ask the teacher to have each student write something nice about the birthday kid and put it in the box. The class could also autograph the box.
- Send in or bring in supplies for a craft. Stay and help the class make the craft!
- Work with the teacher to allow the students to play a game. Again, it is a bonus if the parent comes to play the games with the kids.
- Ask the teacher if the class can have extra recess for the amount of time a snack would have taken.
- Arrange a treasure hunt around the classroom for the kids.

